

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 07:30 untill 08:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Horré Milan

Coaches: Van Es Robynn

Coaches: Herreman Kurt

Coaches: Baeyens Filip HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:4, starttime: 08:55	
Heat: 4/5 Lane : 4 Athlete: LAGACIE RENEE							Q-time: 06:35:23	
PB (25m pool): 06:35.23 LAGO Zwevegem 25/05/2026				PB (50m pool): 07:03.99SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:43.67		01:34.54		02:26.47		03:17.25
	00:43.67		00:50.87		00:51.93		00:50.78	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:07.40		04:59.24		05:47.60		06:35.23
	00:50.15		00:51.84		00:48.36		00:47.63	
								

Coach feedback:

Event number: 1: 400M FREESTYLE MIXED 10-9							Heat:5, starttime: 09:03	
Heat: 5/5 Lane : 1 Athlete: TACQ ELLIS							Q-time: 06:32:96	
PB (25m pool): 06:32.96 Meulebeke 10/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:34.23		no time		03:15.19
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:32.96
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:2, starttime: 09:17	
Heat: 2/8 Lane : 1 Athlete: BOURDEAUX AMELIA							Q-time: 06:56:06	
PB (25m pool): 06:56.06 Veurne 19/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:42.38		01:33.59		no time		03:22.26
	00:42.38		00:51.21					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:56.06
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:3, starttime: 09:25	
Heat: 3/8 Lane : 3 Athlete: BEKAERT LAURA							Q-time: 06:19:20	
PB (25m pool): 06:19.20 Menen 01/05/2026				PB (50m pool): 06:37.16SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:28.40		no time		03:06.77
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:19.20
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:4, starttime: 09:32	
Heat: 4/8 Lane : 4 Athlete: DEFEVER AUWKE							Q-time: 06:13:80	
PB (25m pool): 06:13.80 Diksmuide 12/10/2025				PB (50m pool): 06:29.02SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.85		01:27.01		02:13.36		03:01.29
	00:40.85		00:46.16		00:46.35		00:47.93	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:49.23		04:38.30		05:27.43		06:13.80
	00:47.94		00:49.07		00:49.13		00:46.37	
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:5, starttime: 09:39	
Heat: 5/8 Lane : 4 Athlete: TACK CATALEYA							Q-time: 05:44:13	
PB (25m pool): 05:44.13 Meulebeke 10/05/2026				PB (50m pool): 06:20.45 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.11		no time		02:48.55
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:44.13
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:6, starttime: 09:45	
Heat: 6/8 Lane : 5 Athlete: HEYTENS JORIEN							Q-time: 05:37:38	
PB (25m pool): 05:37.38 LAGO Zwevegem 25/05/2026				PB (50m pool): 06:21.55 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:38.59		01:21.90		02:06.08		02:49.52
	00:38.59		00:43.31		00:44.18		00:43.44	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:32.57		04:15.24		04:57.06		05:37.38
	00:43.05		00:42.67		00:41.82		00:40.32	
								

Coach feedback:

Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:7, starttime: 09:51	
Heat: 7/8 Lane : 5 Athlete: BOLLAERT AMÉLIE							Q-time: 05:13:94	
PB (25m pool): 05:13.94 LAGO Zwevegem 25/05/2026				PB (50m pool): 05:53.03SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:35.29		01:14.90		01:55.09		02:35.88
	00:35.29		00:39.61		00:40.19		00:40.79	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:15.48		03:55.91		04:35.53		05:13.94
	00:39.60		00:40.43		00:39.62		00:38.41	
								

Coach feedback:

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Event number: 2: 400M FREESTYLE WOMEN 11+							Heat:8, starttime: 09:57	
Heat: 8/8 Lane : 1 Athlete: LAGACIE AXELLE							Q-time: 04:56:95	
PB (25m pool): 05:04.95 LAGO Zwevegem 09/06/2025				PB (50m pool): 04:56.95 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.79		01:11.95		01:51.38		02:30.31
	00:33.79		00:38.16		00:39.43		00:38.93	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:09.45		03:49.01		04:28.39		05:04.95
	00:39.14		00:39.56		00:39.38		00:36.56	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 10:30	
Heat: 2/12 Lane : 2 Athlete: VANKEIRSBILCK ARNE							Q-time: 99:99:99	
PB (25m pool):			PB (50m pool):			SB:		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB								
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB								
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 10:30	
Heat: 2/12 Lane : 3 Athlete: DE SUTTER FINN							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 3: 400M FREESTYLE MEN 11+							Heat:2, starttime: 10:30	
Heat: 2/12 Lane : 5 Athlete: VAN BIERVLIET CAMIEL							Q-time: 99:99:99	
PB (25m pool): 05:27.61 Meulebeke 08/10/2023				PB (50m pool): 06:00.85SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:27.61
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:3, starttime: 10:38	
Heat: 3/12 Lane : 4 Athlete: RAMON SIEBE							Q-time: 06:48:49	
PB (25m pool): 06:48.49 DIKSMUIDE 30/11/2025				PB (50m pool): 06:55.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:36.28		02:28.66		no time
	no time			00:52.38				
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		04:14.94		05:07.03		05:59.36		06:48.49
			00:52.09		00:52.33		00:49.13	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:4, starttime: 10:45	
Heat: 4/12 Lane : 2 Athlete: LAGACIE THIBAUT							Q-time: 06:22:74	
PB (25m pool): 06:22.74 LAGO Zwevegem 25/05/2026				PB (50m pool): 06:46.46SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:40.50		01:27.46		02:17.02		03:08.42
	00:40.50		00:46.96		00:49.56		00:51.40	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:58.26		04:49.67		05:39.72		06:22.74
	00:49.84		00:51.41		00:50.05		00:43.02	
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 3: 400M FREESTYLE MEN 11+							Heat:7, starttime: 11:05	
Heat: 7/12 Lane : 1 Athlete: STRYNCKX DAAN							Q-time: 05:45:66	
PB (25m pool): 05:45.66 Veurne 19/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:18.96		no time		02:49.04
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:45.66
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:7, starttime: 11:05	
Heat: 7/12 Lane : 2 Athlete: WILLEMS KORBEN							Q-time: 05:44:57	
PB (25m pool): 05:44.57 Veurne 19/10/2025				PB (50m pool): 05:45.89SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:20.36		no time		02:48.90
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:44.57
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:8, starttime: 11:11	
Heat: 8/12 Lane : 1 Athlete: CLAEYS JONA							Q-time: 05:37:05	
PB (25m pool): 05:37.05 LAGO Zwevegem 25/05/2026				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.67		01:20.63		02:04.51		02:48.52
	00:36.67		00:43.96		00:43.88		00:44.01	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:32.46		04:14.46		04:57.77		05:37.05
	00:43.94		00:42.00		00:43.31		00:39.28	
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 3: 400M FREESTYLE MEN 11+							Heat:8, starttime: 11:11	
Heat: 8/12 Lane : 2 Athlete: MAES JASPER							Q-time: 05:34:97	
PB (25m pool): 05:39.47 LAGO Zwevegem 09/06/2025				PB (50m pool): 05:34.97 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.15		01:18.39		02:01.58		02:45.26
	00:37.15		00:41.24		00:43.19		00:43.68	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:29.08		04:13.53		04:57.16		05:39.47
	00:43.82		00:44.45		00:43.63		00:42.31	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:9, starttime: 11:17	
Heat: 9/12 Lane : 3 Athlete: VANHEE TIBE							Q-time: 05:14:69	
PB (25m pool): 05:28.82 Diksmuide 12/10/2025				PB (50m pool): 05:14.69SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:36.70		01:17.47		01:59.25		02:41.94
	00:36.70		00:40.77		00:41.78		00:42.69	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:24.47		04:06.55		04:48.11		05:28.82
	00:42.53		00:42.08		00:41.56		00:40.71	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:9, starttime: 11:17	
Heat: 9/12 Lane : 5 Athlete: VERBELEN FINN							Q-time: 05:16:71	
PB (25m pool): 05:16.71 Menen 01/05/2026				PB (50m pool): 05:29.22 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:16.06		no time		02:37.77
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:16.71
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 3: 400M FREESTYLE MEN 11+							Heat:10, starttime: 11:23	
Heat: 10/12 Lane : 2 Athlete: GOEMAERE CYRIEL							Q-time: 05:06:86	
PB (25m pool): 05:15.20 Sint-Amandsberg 19/10/2025				PB (50m pool): 05:13.71SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.99		01:15.13		01:56.02		02:36.38
	00:34.99		00:40.14		00:40.89		00:40.36	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:17.15		03:57.62		04:37.88		05:15.20
	00:40.77		00:40.47		00:40.26		00:37.32	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:11, starttime: 11:29	
Heat: 11/12 Lane : 3 Athlete: GALLE LAURIS							Q-time: 04:43:25	
PB (25m pool): 04:29.23 Brugge 04/10/2026				PB (50m pool): 04:43.25SB: 04:29.23 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.26		01:03.66		01:38.23		02:12.71
	00:30.26		00:33.40		00:34.57		00:34.48	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:47.65		03:22.44		03:57.19		04:29.23
	00:34.94		00:34.79		00:34.75		00:32.04	
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:12, starttime: 11:34	
Heat: 12/12 Lane : 1 Athlete: COENE TIELE							Q-time: 04:43:22	
PB (25m pool): 04:45.35 Sint-Amandsberg 19/10/2025				PB (50m pool): 04:43.22SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:31.65		01:07.33		01:44.02		02:20.44
	00:31.65		00:35.68		00:36.69		00:36.42	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:56.83		03:33.28		04:10.01		04:45.35
	00:36.39		00:36.45		00:36.73		00:35.34	
								

Coach feedback:

200M van TIELT 26: Session: 1: COACH evaluation sheet for TEAM: TIME

Event number: 3: 400M FREESTYLE MEN 11+							Heat:12, starttime: 11:34	
Heat: 12/12 Lane : 3 Athlete: BAEYENS WARRE							Q-time: 04:22:78	
PB (25m pool): 04:22.78 Meulebeke 10/05/2026				PB (50m pool): 04:33.84 SB: 04:30.70 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:00.61		no time		02:06.69
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:22.78
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:12, starttime: 11:34	
Heat: 12/12 Lane : 4 Athlete: TACQ NATHAN							Q-time: 04:26:41	
PB (25m pool): 04:26.41 Meulebeke 10/05/2026				PB (50m pool): 04:31.47 SB: 04:28.34 Brugge 04/10/2026				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:02.02		no time		02:10.09
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:26.41
								

Coach feedback:

Event number: 3: 400M FREESTYLE MEN 11+							Heat:12, starttime: 11:34	
Heat: 12/12 Lane : 5 Athlete: SABBE LOUIS							Q-time: 04:39:90	
PB (25m pool): 04:39.90 Sint-Amandsberg 19/10/2025				PB (50m pool): 04:46.87 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.92		01:05.28		01:40.95		02:16.87
	00:30.92		00:34.36		00:35.67		00:35.92	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		02:52.64		03:28.97		04:04.82		04:39.90
	00:35.77		00:36.33		00:35.85		00:35.08	
								

Coach feedback: